

## EASTER PEOPLE

### Dwelling in God's House

A Lord's Flock General Assembly Topic

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April 16, 2022

Easter is the feast of feasts, the solemnity of solemnities, for Christ triumphantly conquered death and is risen. It is called Easter because it symbolizes the sunrise in the east which brings hope and faith in all of us. St. Paul said unless Christ rose from the dead our faith is in vain. Those of us who follow Jesus and believe in His resurrection are called Easter people. God gave us the greatest gift of Christ's resurrection so that we too will rise with Him. Easter people not only prepare for life after death but strive to be with Jesus through loving others (caring for their welfare).

**As Easter people, we have salient roles:**

#### 1. Participate actively

- 1.1 When in church during mass, we are obliged to respond/join.
- 1.2 We pray wholeheartedly to let God feel our presence.

#### 2. Learn to give

- 2.1 We are only stewards of God's resources; hence, we should share/give the blessings we received to the least of our brethren.
- 2.2 The best way to take care of this blessing is to share. Give and it shall be given to us, good measure, pressed down and shaken together and running over... (Luke 6:38).
- 2.3 As good stewards, we must use God's given resources for God's given purposes.

#### 3. Partake of the bread of life

Jesus said "I am the living bread that came down from heaven" (Jn. 6:51).

- 3.1. The essence of the mass is the flesh and blood of Jesus Christ through the bread and wine consecrated by the priest in the Eucharistic celebration.
- 3.2. We, as Easter people, should partake His body since this is bread from Our Heavenly Father. Hence, the Eucharist is the source and summit of our Christian life.

- 3.3. If we have venial sin/s, we should pray the Act of Contrition and also in the penitential rites.
- 3.4. If we commit mortal sins, then we must go to confession.
- 3.5. If confession is not done due to the absence of a priest, we can examine ourselves and recall the Golden Rule: "Do not do unto others what you don't want others do unto you" (Lk. 6:31).

3.6. We can have communion after confession.

#### 4. Celebrate the Lord's Day with joy. As Easter people we should:

- 4.1. exercise our rights when we attend the mass to make joyful noise for the Lord.
- 4.2. proclaim that Jesus is alive.
- 4.3. live what we believe.
- 4.4. practice what we preach.
- 4.5. express what we feel.
- 4.6. put into action what we conceived in our mind for the good of others.

#### Conclusion:

We, as Easter people, firmly believe that Jesus rose from the dead. Hence, we no longer live in fear, anxiety and doubt. Through His death and His blood, we are truly saved. Moreover, we believe that after His resurrection He is with us even to the end of age as He has promised (Matt. 20:28).

#### Reflection:

1. Do you believe that death is not the end of life?
2. What does God want you to do while you are still on this earth?
3. How do you show your love for others in ways you can achieve?

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