



THE LORD'S FLOCK GROWTH DIGEST

PASTORAL GROWTH SERIES

“GRIP”

(Five Keys to Power, Part 1)

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June 1, 2022

GRIP means to hold firmly or to have a strong grasp on someone or something. Our spiritual life dictates that when we hold on to God, we are connected to Him our “Power Source” which allows Him to work in our lives for a higher purpose. Hence, we should develop a sturdy relationship with Him through a firm grip of obedience, faith in His words and a life He intends for us.

A. How to Develop a Strong “Grip” on God

1. **We should be steadfast, strong and courageous.** We have undergone numerous trials in life, so we should increase our firm grasp on God and further develop our faith in Him (Joshua 1:7-8).
2. **We should focus our thoughts on the Scripture,** We should ponder or reflect on the words of God to fully understand and subsequently apply the words of God in our own lives.
3. **We should obey God’s Word.** If we do this, we have God’s promise that we will be truly successful. Indeed, our God is a promise keeper and His promises are true!
4. **We should always pray.** Praying continuously connect us to the “power source.” Our bond becomes stronger and our grasp becomes tighter when we are connected to Him. (James 5:16; Jer.33:3,2; Chron. 7: 14-15; 1 Thess. 5:17).

B. Biblical passages that demonstrate God’s Love and our “Grip” on Him

1. **Psalm 91: 14-16:** It is comforting to know that God watches over us and saves us in times of trouble. If we trust Him, He protects and assures us whenever we are “gripped” by trials and temptations.
2. **Psalm 17: 1:** “*Hear a just cause, O Lord, attend to my cry.*” - *Fervently praying, crying out to God.* During the Anointing, Soar who felt Jesus’embrace held tightly the Blessed

Sacrament, cried and surrendered to the Lord the many concerns of the community.

3. **Psalm 17: 3** “*I want the Lord to hear me, because my heart is right. You have tested my heart, visited me in the night.*” In the midst of our trials, the “dark times in life”, God’s eyes are focused on us. Similarly, Soar and Tatay Bob (Elders of the Community) underwent numerous trials and hardships to test their great trust in God. As a result, they successfully passed God’s testings.
4. **Psalm 17: 5:** “*Uphold my steps in Your paths that my footsteps may not slip.*” In this verse, David was saying, “God, I am going to get moving. You’ve got to hold me up. Direct me; I don’t want to slip and fall.”
5. **James 1: 2-4, 12:** “*Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love Him.*” In this biblical passage, God has proven that He truly loves us.
6. **Hebrews 10:23:** “*Let us hold unwaveringly to our confession that gives us hope, for he who made the promise is trustworthy. Jacob wrestled with God until the break of dawn to receive His blessings. He did not lose his grip because of his desire to be blessed (Gen. 32:25-27).* In the same way, we must never give up. We must keep holding on to the Lord, never letting Him go, despite our trials in life.

CONCLUSION:

We need to get a firm grip on the Lord. We should not waver but rather hold on to Him and His promises. In addition, our prayer is the most important act we can do to ensure God’s power and anointing in our life.

REFLECTION: 1. To whom are you holding on? To God or to yourself? 2. Did you quit praying? Did you quit on God’s promises?

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