

Pressure into Power

A Lord's Flock General Assembly Topic

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A pressure is a continuous action of a force. It could be a state of trouble or a strain, whereas power is the ability of someone to do or act.

As humans, we can't do things on our own. Jesus can unleash the power within us if we are in Him; He can transform pressure into power.

How to Handle Pressure?

1. Point back to God

- In life, we undergo pressures of all kinds. We may handle one or two, but if it's multiple and simultaneous, we may get rattled and confused. We might even lose heart and be depressed. Remember during these times, there is somebody who can save us.
- God promised that whenever we had afflictions, we can call on His help; that we will not be abandoned, destroyed, nor be in despair. He will rescue us every time we call.
- We must not forget that the life of Jesus is manifested in our bodies. Light will always shine in us. We might experience all kinds of pressures; however, Jesus, the source of overflowing power, will always be with us.
- Even Jesus went through pressure in His life. At the Agony in the Garden, because of His anguish, His sweat was like a drop of blood (Luke 22:44). He would have wanted the sufferings to be taken away, though He followed the will of the Father. By doing so, He let the pressure go into power.
- The most important thing is not how we deal with pressure but how God acts on it. We should not do it our way but put our burden on Him (Matt 11:28-30).
- We must not forget that greater is He who is in us than the one present in this world (1 John 4:4).

2. Point to what is inside us

- Privilege comes with pressure; we cannot embrace this privilege if we are not willing to embrace the pressure. Remember, the source of power is within us. Jesus is the Savior of the world. His resurrection is the greatest source of power. He can deliver whatever He promises; believe and trust in Him.
- There is an extraordinary power within us that can be unleashed when there is pressure.
- Job had a lot of trials and sufferings, although he took them with quiet resignation and acceptance. He never questioned God, while his friends were trying to pressure him to do otherwise. Hence, he was greatly rewarded.
- Paul went through many trials and dangers. In contrast, he emerged as a great apostle who had spread the gospel to the Gentiles. Thus, salvation was extended to the whole world.

Conclusion:

1. God has given us the power to defeat every kind of pressure in our life.
2. We must trust God and let Him renew us each day.
3. We must believe in His promises and provisions.
4. Take note of what He had accomplished after all the pressures.
5. He is preparing us for His greater glory.
6. God can solve all pressures in our lives.

Reflection: Knowing that God can solve all your pressures, will you still worry about them? Remember that something good will happen after every pressure.

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