

Be Your Best

A Lord's Flock General Assembly Topic

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As individuals, we are all in a growth mode. There is a spectrum of what we are and what we can become. Moreover, being part of a Charismatic community, we always strive to be what God wants us to be. And, becoming the best involves **Purpose, Passion, and Performance**.

1. Purpose (Romans 8:28)

- 1.1. We each have a different purpose (as a father, a mother, a child, etc.). Jesus came to save us by His death.
- 1.2. One of the values common to all schools is excellence. Which do we want – to be successful or to be excellent? When we want to be successful, we compare ourselves to others. When we speak of excellence, our standard is ourselves. God does not compare us with His other creations.
- 1.3. The world speaks of excellence in a worldly matter. It is a perpetual will to become better. Even in spiritual life, there is a sense of a will that our relationship with God will become better.
- 1.4. Lifelong learning is a perpetual will to become better, which leads to excellence. But, if we are contented with “puede na yan,” then our performance becomes ‘mediocre’ – there is no desire to improve.
- 1.5. From Rick Warren's “*A Purpose Driven Life*”: When God created us, He had a plan. The purpose is not found inside of us; it is outside of us because it is in the plan designed by God. It takes a soul and a heart to wrestle with understanding God's purpose for us. The reason we are here is to serve that bigger plan of God.

2. PASSION:

- 2.1. When we have a purpose, we also need a sense of passion. Passion is about becoming entirely consumed by an activity that brings the most satisfaction to our life.
- 2.2. There are clues when the passion is burning out: boredom, fatigue, and complaints.

2.3. It is good if our purpose is also where our passion is. If the passion is gone, we need to pause and listen to our minds and heart. We need to connect again with the greater plan of God. It is where our best assets are, and what the community needs. When these two connect, then we hit on our calling.

3. **Performance:** There are six high-performance habits based on research:

- 3.1. *Seek clarity and a clear purpose.* Sometimes, we get lost in our purpose. Let us always seek and ask whether we are doing what God wants us to do.
- 3.2. *Generate energy.* Energy is not just from physical exercise. We can have mental energy by being positive. This energy comes from the Holy Spirit. We see blessings, and good things despite negative things happening around us.
- 3.3. *Raise the necessity beyond ourselves.* To be the best we can be, we need to raise the motivation. An athlete can be motivated by a personal quest for gold, but his motivation is raised if he does it for the country.
- 3.4. *Increase productivity.* We are doing a lot of non-essentials in our life. Determine what is important, and bring productivity to that: time with spouse, children, and prayer.
- 3.5. *A giving mindset* (versus a receiving mindset). Give importance to the love language of giving, words of affirmation, touch/hugs, and gifts; these show appreciation.
- 3.6. *Demonstrate courage.* To be a high performer, there are risks. Even if there are difficulties, take courage and jump. When we get accustomed to taking risks, then we will realize that we can accomplish much.

Conclusion: Let us be mindful and develop a perpetual will to become better. Let us be subsumed to God's bigger picture and His plan for each of us.

Reflection:

1. Have you become the better version of yourself?
2. In what area or dimension do you wish to grow?
3. Is your work in the Community the best?

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